Hyoscine-N-Butylbromide

Hyos®

10 mg Film-Coated Tablet

ANTICHOLINERGIC / ANTISPASMODIC

FORMULATION

Each film-coated tablet contains:

Hyoscine-N-butylbromide ..... 10 mg

PRODUCT DESCRIPTION

Hyoscine-N-butylbromide (Hyos®) Tablet is a white, round, biconvex, film-coated tablet that is plain on both sides.

WHAT IS IN THE MEDICINE?

This product contains hyoscine-N-butylbromide, an antispasmodic which works by relaxing the smooth muscles found in the walls of the stomach, intestines and bile duct (gastrointestinal system) and the reproductive organs and urinary tract (genitourinary system). It reduces muscle contractions by preventing acetylcholine from acting on the muscle allowing the muscle to relax thus reducing painful spasms and cramps.

STRENGTH OF THE MEDICINE: Please see formulation.

WHAT IS THE MEDICINE USED FOR?

- For the symptomatic relief of abdominal pain, cramps and discomfort, including menstrual cramps, spasms of the biliary system and urinary tract.
- For the relief of symptoms of irritable bowel syndrome (IBS)

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?

Age Group	Recommended Oral Dose
Adults and adolescents > 12 years	**Usual Dose:** 1-2 tablets, 3-4 times a day (taken about every 4-6 hours) ***For Irritable Bowel Syndrome:*** Your doctor may give a lower starting dose of one tablet 3 times a day. Dose may be increased if further relief is necessary.
6 to12 years	**Usual Dose:** 1 tablet three times a day
	Or, as directed by a doctor.

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?

- If you are allergic to hyoscine-N-butylbromide, belladonna alkaloids or derivatives, or any ingredient of the product.
- If you have glaucoma, toxic megacolon (a very enlarged bowel), myasthenia gravis (a rare muscle wasting disease), obstructive prostatic hypertrophy (enlarged and blocked prostate), porphyria (hereditary blood disorder)
- If you are pregnant, likely to become pregnant, or breastfeeding
- Children younger than 6 years old.

UNDESIRABLE EFFECTS

- Adverse reactions that are observed occasionally are dry mouth, blurred vision, diarrhea, nausea, reduced ability to sweat, an increased heart rate, and inability to pass urine.
- Rarely, dizziness, flushing, allergic reactions (particularly skin rash and itching) and difficulty in breathing (usually in patients with asthma or allergy), drop in blood pressure may be observed.

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?

- Medicines for depression (e.g., doxepin)
- Medicines for allergies and travel sickness (e.g., meclizine)
- Medicines for severe mental illness (e.g., haloperidol or fluphenazine)
- Medicines for breathing problems (e.g., tiotropium and ipratropium)
- Medicines to control your heart beat (e.g., quinidine, procainamide or disopyramide)
- Medicine for Parkinson's disease and flu (e.g., amantadine)
- Medicines for feeling sick (nausea) (e.g., metoclopramide)
- Antacids may decrease the absorption of hyoscine-N-butylbromide.
- **Do not drink alcohol.** Alcohol may increase the likelihood of side effects such as drowsiness.

WHAT SHOULD YOU DO IF YOU MISS A DOSE?

If you miss a dose, just take the next dose as scheduled.

Do not double the dose.

HOW SHOULD YOU KEEP THIS MEDICINE?

Store at temperatures not exceeding 30°C.

SIGNS AND SYMPTOMS OF OVERDOSAGE

Signs of overdose may include drowsiness, dry mouth, difficulty passing urine, reddening of the skin, decreased gastrointestinal tract movement, fast heart rate, and sight disturbances.

WHAT TO DO WHEN YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE

If you have taken more than the recommended dosage, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE?

Ask a doctor before use if you have:

- A very fast heart rate or any heart problems
- Problem with your thyroid gland (e.g., overactive thyroid gland)
- Difficulty or pain passing urine such as men with prostate problems
- Gut blockage problems
- Reflux esophagitis or ulcerative colitis
- Constipation
- Fever
- Previously been treated by a doctor for severe sweating disorder
- ***This medicine may cause blurred vision and so may affect your ability to drive or operate machinery safely. If affected, do not drive or operate machinery.***
- Do not take more than the recommended dose.
- Do not use after the expiry date on the label.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?

Stop use and immediately consult a doctor if the following occur:

- Allergic reactions (e.g., skin rash and itching)
- Severe allergic reactions (anaphylactic shock) – difficulty in breathing, feeling faint or dizzy.
- If you experience red and painful eye and loss of vision or blurred vision. These symptoms may be caused by an increased pressure inside the eyeball and require urgent medical advice.

AVAILABILITY

Hyoscine-N-butylbromide (Hyos®) 10 mg Film-Coated Tablet in Alu-Clear PVC Blister Pack x 20's (Box of 100's)

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Manufactured by AMHERST LABORATORIES, INC.
UNILAB Pharma Campus, Barangay Mamplasan
Biñan, Laguna, Philippines for
UNILAB, Inc.
No. 66 United Street, Mandaluyong City
Metro Manila, Philippines

Trusted Quality Healthcare

Reg. IPOPHIL

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